

SEMINAR 1 - HANDFORM - APRIL 9-13 9.00-12.00

For five days Master Yang Jun will teach every morning the Long Form of Traditional Yangstyle (103-Form, sometimes also called 85-Form) and its applications, as well as the ten Essentials of Taijiquan. The focus of interest will be the points of energy, on the basis of which the visualizations of application could be integrated into the training of the form.

SEMINAR 2 - HANDFORM - APRIL 9-13 15.00-17.00

In form of a review class Center Directors and Certified Instructors every day in the afternoon will repeat tuition contents of the morning classes with master Yang Jun (Seminar 1). This seminar offers special opportunities to deepen what has been learned in the morning, to ask further questions and let oneself be corrected.

To learn directly from Master Yang Jun, beginners will have a chance to only participate in the seminar on April 9th or April 9th and 10th.

SEMINAR 3 - SWORD - APRIL 14-15 9.00-12.00/16.00-18.00

For two days master Yang Jun will teach the 67 Sword Form in the morning and in the afternoon.

SEMINAR 4 - TUISHOU - APRIL 9-13 16.00-18.00

For five days Master Yang Jun will teach Push hands in the afternoon. This seminar is only permitted for Association members who also participate in the Handform seminar (seminar 1).

For payment and prerequisites for the seminar please see the registration form on the reverse. In case of further questions and registration please contact:

YANG CHENGFU CENTER GERMANY BERLIN

Fon: 030-34787871

Fax: 030-36407017

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For further information about the International Yang Style Tai Chi Chuan Association see:

www.yangfamilytaichi.com

The Berlin Taijiquan school is headed by Johannes Mergner. Acknowledged representative of Yang-Family the school is called **YANG CHENGFU TAI CHI CHUAN CENTER GERMANY**. Another YCF-Center is located in Cologne. The Berlin Center received its official certificate in October 2005 by **INTERNATIONAL YANG STYLE TAI CHI CHUAN ASSOCIATION** founded by Yang Zhenduo and Yang Jun

Traditional Yang Family Taijiquan

The Yang school of Tai Chi Chuan (Taijiquan) was originally founded by Yang Luchan. His famous grandson Yang Chengfu developed the style, the movements became slower, bigger and more open. Characteristics are the steady flow, the harmonized connection between body and mind and a strong internal energy. Yang Chengfu said, Taijiquan is an art, in which the slow and soft movements contain a strong internal force like a needle concealed in cotton. Traditional Yang Style – strongly influenced by Yang Chengfu – is composed of Hand-, Sword-, Saber-, Longstaff and Partner-Forms. It is still practiced and taught by the Yangfamily.

Yang Jun

Descendant of 6th generation of Yang-Family

Born in 1968 in Taiyuan and grandson of Grandmaster Yang Zhenduo Yang Jun is the 6th generation descendant of the creator of Yang Style Taijiquan. He is also the future bearer of its heritage. Since his early childhood he lived and learned with his grandfather. They both practice Taijiquan exactly according to the movements and postures of Yang Chengfu.

Since 1982 he used to travel with his grandfather whenever Yang Zhenduo has been teaching abroad. Today Yang Jun is conducting these seminars worldwide on his own initiative. He is the President of the **INTERNATIONAL YANG STYLE TAI CHI CHUAN ASSOCIATION** which was created by him and his grandfather in 1998. Together with his wife Fang Hong he moved to Seattle, Washington in 1999. Yang Jun represents the first member of the Yang family to live outside China.

His skill is unquestioned. His forms seamlessly combine softness with hardness, precision with deep understanding, and restraint with expression.

During the seminars in Germany Master Yang Jun will teach in English. The theoretical introduction and demonstration of the energies as well as complex background informations will be translated.



Yang Chengfu 德國陽澄浦大極拳中心

TAI CHI CHUAN
Center Germany - Berlin

Traditional Yang Family Style
Seminars

Master Yang Jun

Berlin Seminar – April 2009

Taijiquan / Taiji-Saber / Tuishou

- Instructions for advanced participants
- Special days of instructions for beginners

**INTERNATIONAL
YANGSTYLE TAI CHI CHUAN ASSOCIATION**
www.yangfamilytaichi.com
www.yangstil-taiji.de

Berlin Seminars with Master Yang Jun April 2009

REGISTRATION FORM

Name: Telephone:
 Street: Email:
 Citycode/City: Association Member ID:

	Thu 9/4/09	Fri 10/4/09	Sat 11/4/09	Sun 12/4/09	Mon 13/4/09	Tue 14/4/09	Wed 15/4/09
<u>Seminar 1</u>	09.00-12.00 a.m. For five days Master Yang Jun teaches the handform in the morning						09.00-12.00 a.m. and 04.00-06.00 p.m. Yang Style Taiji Sword 2 days (morning+afternoon) 67 Movement Sword-Form with Master Yang Jun
<u>Seminar 2</u>	03.00-05.00 p.m. Repetitions, Training, and Corrections with Center Directors and Certified Instructors						
<u>Seminar 4</u>	04.00-06.00 p.m. for participants of handform seminar and members of the Association exclusively						

Please select only one seminar or combination:

Seminar 1

Handform 9.-13. April 2009	nonmembers	members
<input type="radio"/> only morning class with Master Yang Jun	250 €	225 €

Seminar 1+2

Handform 9.-13. April 2009	nonmembers	members
<input type="radio"/> morning and afternoon	360 €	325 €

Seminar 1+2 (only 1 or 2 days) for Beginners

Handform 9. or 9./10. April 2009	nonmembers	members
<input type="radio"/> 9. April morning and afternoon	75 €	65 €
<input type="radio"/> 9./10. April morning and afternoon	145 €	130 €

Seminar 3

Taiji-Schwert 14./15. April 2009	nonmembers	members
<input type="radio"/> morning and afternoon	175 €	155 €

Seminar 1(+2)+3

Hand 9.-13. + Sword 14./15. April 09	nonmembers	members
<input type="radio"/> Sem. 1+2+3: Hand morn./aftern. + Sword * only valid for registration until Sept 10, 2008 ** only valid for registration until Jan 14, 2009	490 € 445*/460**	440 € 400*/415**
<input type="radio"/> Sem. 1+3: Handform morning + Sword	380 €	340 €

Seminar 1(+3)+4 (members only)

Handform (+ Sword) + Tuishou	nonmembers	members
<input type="radio"/> Sem. 1+4: 9.-13. April: Hand (morn.) + Tuishou (aftern.) + Sem. 3: 14./15. April: Swordform * only valid for registration until Sept 10, 2008 ** only valid for registration until Jan 14, 2009	540 €	500*/515**
<input type="radio"/> Sem. 1+4: 9.-13. April: Hand (morn.) + Tuishou (aftern.)	425 €	

.....	€ + 15,-€	=	€
Seminar Fee	+ Registration Fee	=	Total
Advance payment:		€	
(Half Seminar Fee plus Registration Fee)			

--- Errors and changes expected ---

Adhesion: Each participant bears full liability for him-/herself and any of his/her acts during the course of the seminar. Everybody makes up for damage he or she brings about and dispenses the organizers, the teachers and the host of the venue from all claims regarding adhesion. We explicitly point out that the seminars do not replace medical and psychiatric treatment.

With this I acknowledge the above written conditions and bindingly register for the ticked off seminars:

Date / Signature:

Please transfer money to this account:

Johannes Mergner;
 Konto Nr.: 466983807,
 BLZ: 70010080 – Postbank München
 IBAN: DE05700100800466983807
 SWIFT-BIC: PBNKDEFF

Please return this registration form duly signed to:

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